



# FISTRAL BLU

bar restaurant

Bar Menu 2010  
12pm-9pm

## NIBBLES

Fresh bread with aged balsamic & Extra Virgin olive oil (V)	£3.00
Fresh bread with houmous & guacamole (V)	£3.50
Marinated bowl of olives (V)	£2.50

## SNACKS

Chefs soup of the day (please ask your server) (V)	£5.00
Tasting platter for two to include - sticky ginger chicken wings, smoked salmon & cream cheese pate, coconut tempura tiger prawns, honey & soy pork ribs, warm bread, marinated olives with houmous, guacamole, lime & sweet chilli sauce	£10.00
Lightly spiced nacho's topped with melted cheese, guacamole, tomato salsa & crème fraiche (V)	£6.00
Smoked salmon & cream cheese pate with toasted ciabatta bread & mixed leaves	£6.00
The Fistral Blu beef burger topped with cheese homemade onion rings & bacon served with fries	£10.00
Fisherman's platter to include - fillets of local smoked mackerel, smoked salmon pate, Cornish crab in a lemon & chive mayonnaise, served with mixed leaves & fresh bread	£12.00
Thai style fishcakes with mixed leaves, sweet chilli sauce & fries	£11.00
Slow roasted pork ribs, glazed with honey & soy sauce with hand cut chips	£12.50
sticky ginger chicken wings with mixed leaves	£5.50

## BAGUETTES

Local honey roast ham & mustard mayonnaise served with hand cut chips <u>or</u> house salad	£8.00
Newlyn white crab meat & lemon, chive mayonnaise served with hand cut chips <u>or</u> house salad	£10.00
Cornish Brie with apple cider chutney, served with hand cut chips <u>or</u> House salad (V)	£7.00
Hot peppered Cornish roast beef rocket & horseradish mayonnaise served with hand cut chips <u>or</u> house salad	£9.00

## SIDE DISHES

French fries	
Hand cut chips	
Garlic Bread	
Onion rings	
Homemade Coleslaw	£3.00

