



# FISTRAL BLU

bar restaurant

## Sunday lunch

Sample Menu

Two courses £12

Three courses £15

Thai style fishcake, mixed leaves & chilli jam

Leek & potato soup

Crispy duck with hoi sin sauce & mixed leaves

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Rare roasted sirloin of Cornish Beef or roast loin of Pork, both served with Yorkshire pudding, seasonal vegetables, roast potatoes & rich red wine gravy

Newquay Bay mackerel with mixed leaves & new potatoes

Pea, basil & lemon risotto topped with herb crème fraiche

Crispy skin sea bream, herb mash & wilted leeks

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Plum crumble & honeycomb ice cream

Bread & butter pudding with chocolate sauce